





## Health Education & Outreach

are selected as field-educators and female students are given a priority in selection and all students voluntarily join the project.

Before implementing the education activities, the fieldworkers conduct a baseline survey on health knowledge, with 10 randomly selected women and conducts a post-survey with the same 10 women after the completion of the education activity. The pre-test and post-test results are compared to determine the mean of differences in order to provide us with information to evaluate the health education project and to identify any health knowledge improvement(s) among the women.

**Long-term Impact:** Tibetan Healing Fund works to create lasting, positive changes in the lives of Tibetan women and children. The cornerstone of all Tibetan Healing Fund's projects is ensuring self-sufficiency by providing education and primary health care for rural Tibetan children and their families. THF promotes sustainable development using transparent and participatory methods while incorporating local and traditional knowledge. The Health Education and Outreach project addresses social and humanitarian needs, specifically health education; the project also encompasses vocational training and capacity building that develops skills for our in-country staff, volunteers and the members of the community we serve.

### **Conducted Training Timeline:**

- ❖ 2005, Tibetan medical students facilitated health education and outreach for 3,000 women from rural Tibetan villages in the Tibetan Autonomous Region, Qinghai, Gansu and Sichuan Provinces.
- ❖ 2006, follow-up to the 2005 health education and outreach.
- ❖ 2008 February, health education and outreach for 3,000 women from rural Tibetan villages in the Tibetan Autonomous Region, Qinghai, Gansu and Sichuan Provinces.
- ❖ 2009 (summer), Tibetan Medical students from mSo-Ngon University Tibetan Medical College will travel to travel to rural Tibetan villages in the Tibetan Autonomous Region, Qinghai, Gansu and Sichuan Provinces to provide health education and outreach.